

“Enlightenment is a full-time job. Spirituality isn’t a part-time hobby or accessory to an unconscious lifestyle.” – Darryl Anka

“The only time we can actually be awake is now, to this moment.” — Dorothy Hunt

“Spiritual maturity is measured not by the sophistication of a person’s opinions, but by their genuineness and the courage necessary to express and act on them.” – Harriet Fraad

“Spiritual awakening is frequently a **painful** process. It’s not all love and light. It’s facing your deepest fears and wounds.” – Mateo Sol

“The dark night of the soul comes just before revelation. When everything is lost, and all seems darkness, then comes the new life and all that is needed.” – Joseph Campbell

“The awakened life is not an altered state. It is a state of integrity, in which our inner and outer worlds are one.” – Vimala Thakar

“Awakening to the truth of who you are doesn’t make you a better person, it makes you a real person.” – Unmani

“The beauty of spiritual awakening is that you realize it’s not an attainment, it’s a remembering. What you’ve discovered has always been there.” – Matt Kahn

“In the end, spiritual awakening is nothing more than the **profound** acceptance of this moment, just as it is.” – Jeff Foster